

# THE ROAMER

Rose City Roamers  
Walking Club Newsletter



JUNE 2017



**Fun, Fitness, Friendship**

AVA Member

## CALENDAR

- |           |                                 |
|-----------|---------------------------------|
| June 6    | Club Meeting                    |
| 7pm       | Lower level Ed Rm B             |
| Jun 7-9   | AVA Convention                  |
|           | Billings, MT                    |
| Sept 2, 3 | Hazelia Field at Luscher Farm   |
|           | Lake Oswego                     |
| Aug 5     | Maywood Park-Grotto Guided walk |
| Aug 30    | Blue Lake-Fairview Guided walk  |
| Sept 10   | Milwaukie Peace Walk            |
|           | Milwaukie Rotary Club           |
| Sept 17   | Oktoberfest walk                |
|           | Mt Angel                        |

## CLUB NEWS

### CLUB MEETING

Our next club meeting will be on June 6 at Adventist Health's Lower level Education Rm B. If you or someone you know is interested in what our club does you are welcome to come to our meetings. Due to the National Convention in June our annual strawberry shortcake treat will be at a later time, but we'll still have a snack at our June meeting.



## UPCOMING RCR WALKING EVENTS

Rose City Roamers is hosting two guided walks in August and three traditional walks in September.

August 5 is a guided walk through the Maywood neighborhood with a start at The Grotto and on August 30 we will be walking in the Blue Lake - Fairview Lake area. Starting point will be at the Walmart store in Troutdale.

The first walk is September 2nd and 3rd Hazelia Field at Luscher Farm in Lake Oswego. Starting times is 9 - 12pm. Dogs are not be allowed in Luscher farm.

The second walk is September 10 in Milwaukie OR for the Milwaukie Peace walk in conjunction with the Milwaukie and Oak Grove/Gladstone Rotary Clubs.

The third walk in September is in conjunction with Mt. Angel's Oktoberfest on September 17, 2017 Starting times are 9am—1pm with the Start point to the left of the Main Mt. Angel, FestHalle, 500 E Wilco Hwy (Hwy 214). This walk is rated 2A. It is recommended that for those walkers who are bringing their pets it's best to walk before noon as it gets very crowded in the afternoon at the festival.



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# YEAR ROUND WALKS

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(YREs)

## **PORTLAND – Clackamas**

### **MT TALBERT NATURE PARK**

Start: DAYS INN MOTEL  
9717 SE Sunnyside Rd.  
Contact: Judy D., 503-698-4398

## **PORTLAND – North**

### **HISTORIC ST. JOHNS,**

### **SWAN ISLAND-UNIV PORTLAND**

Start: WEST COAST HEALTH & FITNESS  
7522 N. Lombard St.  
Contact: Sue C., 503-289-5888

## **PORTLAND – Northwest**

### **DOWNTOWN LANDMARKS, FOUR PARKS,**

Start: LEGACY GOOD SAMARITAN HOSPITAL  
1015 NW 22nd Avenue  
Contact: Sue C., 503-289-5888  
Parking validation pass or fee required.

## **PORTLAND-Northeast**

### **HAWTHORNE -LADD’S ADDITION-AND PARKS**

Start: STARBUCKS COFFEE  
3639 SE Hawthorne Blvd.  
Contact: Susan T 503-975-9151

## **PORTLAND – Northeast**

### **HOLLYWOOD,-LLOYD CENTER, HIGHLIGHTS-**

HAWTHORNE LAURELHURST AREA  
Start: PROVIDENCE PORTLAND  
4805 NE Glisan St.  
Contact: John H., 503-654-3494

## **PORTLAND – Southwest**

### **TRYON CREEK STATE PARK**

Start: TRYON CREEK STATE PARK  
11321 SW Terwilliger Blvd.  
Contact: John H., 503-654-3494

## **PORTLAND – Southeast**

### **REED COLLEGE,**

### **CRYSTAL SPRINGS GARDENS**

Safeway—Customer Service  
4600 SE Woodstock Blvd  
Contact: John H., 503-654-3494

## **LAKE OSWEGO –**

### **LAKE OSWEGO-LO RIVER RUN,**

Start: Albertson’s Store  
16199 SW Lower Boones Ferry Rd.  
Contact: Ed H., 360-921-1909

## **TUALATIN**

### **Hedges Creek**

### **Start: Starbucks at Hedges Creek**

8639 SW Tualatin-Sherwood Road  
Tualatin, OR  
Contact: Joe K, 503-260-7033

## **TUALATIN**

### **Three Cities, Three Parks**

Start: REI - Tualatin  
7410 SW Bridgeport Road  
Tigard, OR  
Contact: Joe K, 503-260-7033

# WEDNESDAY WALKS

## (Group Walks)

\*\*\*walks begin at 10 a.m. with lunch about 2 hours afterwards (unless noted otherwise) \*\*\*

\*\*\*These walks are cancelled If there is snow or ice on the sidewalks. We normally email the list when this happens \*\*\*

The blue YRE nnn is a link you can click to get directions and more information about the walk.

June 7, 2017 10:00 am – 12:00 pm  
Columbia Sportswear Factory  
1323 SE Tacoma St. Portland, OR  
Contact: Ed Hainline (360) 921-1909  
Website: [www.walking4fun.org](http://www.walking4fun.org)  
E-Mail Contact: [edhainline@comcast.net](mailto:edhainline@comcast.net)

June 14, 2017 10:00 am – 12:00 pm  
Fred Meyer, 22855 NE Park Lane, Wood Village, OR  
Salish Ponds  
Contact: Regina Blake (503) 665-0950  
Website: [www.eastcountywindwalkers.weebly.com](http://www.eastcountywindwalkers.weebly.com)  
E-Mail Contact: [reggie\\_blake@yahoo.com](mailto:reggie_blake@yahoo.com)

June 21, 2017 10:00 am – 12:00 pm  
West Coast Health,  
7522 N Lombard St, Portland  
Contact: Sue Connolly (503) 289-5888  
Website: [www.rosecityroamers.org](http://www.rosecityroamers.org)  
E-Mail Contact: [sueconnolly@juno.com](mailto:sueconnolly@juno.com)

June 28, 2017 10:00 am – 12:00 pm  
Felida Park (starting point change)  
Northwest 122nd Street and West of Northwest 36th  
Avenue Portland  
Contact: Liz Connors (360) 798-6956  
Website: [www.AllWeatherWalkers.org](http://www.AllWeatherWalkers.org)  
E-Mail Contact: [takeahike68@yahoo.com](mailto:takeahike68@yahoo.com)

Photos from Good Samaritan  
Wednesday Group Walk on  
May 24





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# TRADITIONAL WALK EVENTS

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(Club sponsored walks)

## **6/17/2017                      A Family Walk in the Park      Corvallis Oregon, Guided Walk**

Event ID: 108035

Distance - Trail Ratings: 5K-10K - 1A

Description: This special guided walk encourages children with their responsible adult to walk a 5 or 10K on a flat route. The first 40 non-AVA family members from Linn or Benton counties will receive new walker packets thanks to a grant from the Corvallis Kiwanis Foundation.

Amenities: Strollers: hard | Wheelchairs: hard | Pets: Yes | Restrooms: Yes

Special Programs: This event doesn't have any special Programs assigned.

Start Times: 9:40-10 AM

Location: Starker Arts Park

Start Point / Driving Directions: 4485 SW Country Club Drive, Corvallis Head west on Hwy 20/34 towards Philomath. LEFT on 35th, RIGHT on Country Club and RIGHT on 45th into the park. Park on RIGHT.

Awards & Fees: IVV Credit Only

Host Club: Corvallis Cruisers

Contact: Rozy Weatherby (541) 981-3794

Website: No Website Listed

E-Mail Contact: wrozy@yahoo.com

## **7/15/2017 - 7/15/2017                      Sweet Home**

Event ID: 107406

Distance - Trail Ratings: 5K/10K - 1A

Description: You will start your walk from the Covered bridge through urban areas of Sweet Home "Gateway to the Santiam playground" With a 5 or 10 K walk and a longer distance if requested. You may picnic at Sanky park near the covered bridge. Or eat at the nostalgic A&W with booth phones. There will be many challenges.

Amenities: Strollers: medium | Wheelchairs: hard | Pets: Yes | Restrooms: Yes

Special Programs: This event doesn't have any special Programs assigned.

Start Times: 8:00 A.M.-1:00 P.M. finish by 4:00

Location: Weddle covered bridge 14th street Sweet Home OR

Start Point / Driving Directions: 14th Street Sweet Home. I-5 North bound: Take Exit 228 turn Right (East) on HWY.34.

I-5 South bound: Exit 228 turn Left (East) on 34. Go 5.2 miles. Exit onto Denny School road. turns into Airport road. At 3.7 miles turn right onto Highway 20 (Main Street). Go 12.5 miles to Sweet Home. Turn right on 12th street. Left on Kalmia, right on 14th and follow signs to covered bridge

Awards & Fees: IVV Credit Only

Comments:

Host Club: Albany Fitwalkers

Contact: Don Reed (541) 926-8327

Website: albanymfitwalkers.org

E-Mail Contact: donreed1946@yahoo.com

## **7/22/2017 - 7/22/2017                      Estacada, OR**

Event ID: 107846

Distance - Trail Ratings: 5/10 -

Description:

Amenities: Strollers: | Wheelchairs: | Pets: | Restrooms:

Special Programs: This event doesn't have any special Programs assigned.

Start Times:

Location:

Timber Park

Start Point / Driving Directions:

Awards & Fees:

Comments:

Host Club: East County Windwalkers

Contact: Louise Dix (541) 951-0667

Website: eastcountwindwalkers.weebly.com

E-Mail Contact: louisedix@yahoo.com

## *Beauty*

*Wind blowing, leaves falling  
In the woods I am walking  
Birds chirping, squirrels digging  
Not stopping my mind from wandering*

*Fashion walks, beach resorts  
Nice weather, beautiful people  
City breaks, country retreats  
Exotic animals, spiders and snakes*

*Mona Lisa, The last supper  
Beautiful art, beautiful mind  
Excellent artists are hard to find*

*Beautiful things everywhere  
open your eyes, happiness is right there.*

Craig Harrison Jun 2014



## 2017 Club Officer Directory

**President:** Dick Baker  
360-991-8806  
[dickbkr@gmail.com](mailto:dickbkr@gmail.com)

**Vice President:** Ed Hainline,  
360-921-1909  
[edhainline@comcast.net](mailto:edhainline@comcast.net)

**Treasurer:** Barbara Baker  
360-573-6048  
[barbarabkr@gmail.com](mailto:barbarabkr@gmail.com)

**Secretary:** Debbie Esmond, 503-777-2717  
[Esmond1@hotmail.com](mailto:Esmond1@hotmail.com)

**Membership Manager, Asst. Secretary/Treasurer**  
**Website Manager:** Susan Treacy  
503-975-9151  
[jsusan45@mac.com](mailto:jsusan45@mac.com)

**Newsletter Editor:** Denise Esmond  
503-777-2717  
[Deedlenee@comcast.net](mailto:Deedlenee@comcast.net)  
[M@L](mailto:M@L)

*(M@L=Member at Large)*

### **For membership dues mail to:**

Rose City Roamers  
c/o 2216 NE 110th St  
Vancouver, WA 98686  
Website: <http://www.rosecityroamers.org>

**Oregon Trails State Volkssport Association (OTSVA)**  
[www.walkoregon.org](http://www.walkoregon.org)  
**President**  
Dar Parrow  
[oregon.trail.state.volkssport@gmail.com](mailto:oregon.trail.state.volkssport@gmail.com)

**American Volkssport Association**  
Mail: 1001 Pat Booker Rd, Ste 101  
Universal City TX 78148  
[www.ava.org](http://www.ava.org)

**NW Regional Director**  
Nancy Wittenberg  
[NW\\_RD@AVA.org](mailto:NW_RD@AVA.org)

