



CALENDAR

June 7 Club Meeting 7pm Ed. Rm B Adventist Health Lower level

June 11 Rose Festival Walk-9am-1pm @ Green Dragon Brew pub, 928 SE Belmont St.

July 11 Highway Cleanup-9am Alder Creek Middle School



CLUB MEETINGS

Our next club meeting will be on June 7, 2016 at 7pm in the lower level of Portland Adventist Medical center. Come enjoy strawberry shortcake and a beverage, provided by club members Judy & Dick. Meetings are open to membership and guests.

HIGHWAY CLEANUP

Our next Highway cleanup is scheduled for July 17, 2016 at 9 am. Meetup at the alder Creek Middle School parking lot. Joan Larson is the contact person for the Highway cleanup projects. If you can help please send an email to neverhomejoan@yahoo.com and leave your contact information.

RCR WALKS & EVENTS

June 11 is the RCR Sponsored Rose Festival Walk. This year there are two loop options that will take you to the Belmont/Hawthorne neighborhood, along Burnside Street to watch part of the Rose Festival Parade as it goes by

and along the waterfront. See events page for more details.

20 July Trip to Centralia

On 20 July the Wednesday Walking Group will be taking a train trip to Centralia, similar to what we did several years ago. On the last trip we were lucky when the conductor realized that there were a lot of passenger going to Centralia and with Jane's noisy group found out that we were all together. The conductor reserved a car, plus some for us. She was the same conductor on the way back so again reserved a car, plus some together so we could be in the same area.

I called and talked with a representative from Amtrak Group Service's and she told me that there were several changes. One is that we can have a minor group of just 15 passengers instead of the 20 passengers for a regular. There is also a group discount of 10 % (15% for seniors). I asked which rate we would get the discount on and she said that would be determined at the time we made the reservations. A group does require the leader to make reservations for the group.

Current cheapest prices for the trip is the "saver" rate (not a part of a group rate) for a round trip are:

1. Oregon City to Centralia \$40

Leave OC at 7:24 am and arrive at 9:51am

Return at 3:51 pm and arrive at OC 6:28 pm

2. Portland to Centralia \$36

Leave Portland at 8:20 am and arrive at 9:51 am

Return at 3:51 pm and arrive in Portland 5:50 pm

3. Vancouver to Centralia \$32

Leave Vancouver at 8:35 am - arrive at 9:51 am

Return at 3:51 pm and arrive in Vanc. 5:10 pm

The "saver" rate expires several weeks before the actual date of the trip so if you plan on using this rate, you should make a reservation by 15 June.

Both Oregon City and Vancouver have free parking for vehicles. Portland has good MAX access.

Please let me know if you would like to go, where you would like to get on, and do you want to be a part of a group if we have enough passengers. Dick Baker, dickbkr@g.com or call 360 573-6048 or see me at a group Wednesday walk.



IRIS FESTIVAL WALK

Salem's Iris Festival Walk was hosted by the Willamette Wanderers Club on May 22. It started at the Iris Gardens in Salem Oregon and took you through two 5 K loops; through

rows of Iris in two fields. Starting at the Display Garden you walked through rows of mixed beds of iris, lupine, larkspur, pansies and roses.

There was an abundance of color from Palest white to Midnight Black (darker than purple) with unusual reds, peachy pinks, blues, purples, and yellows to round out the spectrum. A couple of my favorites was one called dawn eternal-a golden yellow with bronzy purple falls and Code Red- a red with purple undertones.

After wandering through the Display gardens we crossed the dirt roadway and traveled around the large field of iris, displaying rows and rows of irises, some named and some new ones that just had numbers to identify them. There were even some with double names we thought were parent plants to new color combinations.

It was the 30th Anniversary of the Willamette Wanderers club so there was a lovely chocolate cake for the walkers to enjoy at the finish of the walk. The weather was a mix of patches of sunshine, clouds and a few brief rain showers but overall it was very pleasant.

IVV AMERICA'S MEETING

Ethel Hansen, IVV-A Vice-President hosted an informal meeting of interested parties during the Canadian Volkssporting Convention in Langley, BC to report on current efforts and solicit ideas on how to move forward. About half the 18 attendees were American, one Australian and the rest Canadian. There currently are 6 affiliate members, including our club and 2 individual members. You can view the basics at the official website: ivv-americas.org.

The failure of the US to join has created quite a quandary about how to proceed and difficulties in connecting with the Brazilian representative have further stymied efforts to develop a coherent plan for moving forward. Nonetheless, the Canadian members and several US contributors have done some good groundwork for the organization.

An area of concern for the group was that IVV did not extend event sanctioning authority when the Continental Association concept was formed. The meeting consensus was that the IVV needed to be lobbied for that authority.

Chris Zegelin from California presented a proposal wrapped around technology as the way forward for IVV-A. He has been instrumental in developing the online registration program in CA that will be the template for the online trial in WA next year. Chris has also developed the website for IVV-A and made some compelling argument for starting IVV-A and Volkssporting in new countries with a more technology based format, such as Geocaching, to entice more modern users.

There was some discussion, led by Nancy Wittenberg, about the board composition of the IVV-A, with the thought that a representative model like AVA's NEC might not be the way to go. The proposition is that the board should contain representatives who bring specific skills, such as fund raising, technology, connections to supporting partners, etc., rather than simply regional representatives with walking experience.

Some discussion was held regarding what type of event should be planned and where, but I didn't get a sense that anything definitive was resolved. An Olympiad might be the way to kick things off. A positive note was that the Australian representative was there to explore working with IVV-A to get Volkssporting launched in Australia. The upsides of this relationship seemed to be the common language rather than having to work through German with IVV and also the fact that there are International Marching League events already held there.

Tom Baltes, President of Vancouver USA Volkssporters, Deputy NW Regional Director



TRADITIONAL WALK EVENTS

6/4/2016 - 6/4/2016

City / State: Champoeg, OR Event Name: Historic Champoeg Walk

Event ID: 104816 Distance - Trail Ratings: 10K, 5K - 1A

Description: Walk on natural and paved park trails through early Oregon History where in 1843 the pioneers voted to be part of the growing western movement of the United States instead of Canada. There is a DAR Pioneer Mothers cabin and many markers where the streets of this town once stood. Not suitable for strollers.

Amenities: Strollers: | Wheelchairs: | Pets: | Restrooms:

Special Programs: This event doesn't have any special Programs assigned.

Start Times: 9am-1pm

Location: Champoeg State Heritage Area

Start Point / Driving Directions: 8229 Champoeg Rd NE, St. Paul, OR I-5: Exit #278 (Aurora/Donald). NORTHBOUND LEFT/SOUTHBOUND RIGHT (west) on Elhan Rd (becomes Yergen Rd), 3.6 miles. RIGHT on Case Rd for 1.4 miles. LEFT on Champoeg Rd for 2 miles to Park Entrance on RIGHT. Follow signs to start.

Awards & Fees: IVV Credit Only

Comments: Free Oregon State Park Day. Water and restrooms at start/finish and checkpoint. Pets permitted but NOT in building(s). Owners responsible for leash and clean up laws.

Host Club: Silverton Walk Abouts

Contact: Diane McDermott (503) 769-5380

Website: No Website Listed

E-Mail Contact: mcdermot@wvi.com



6/11/2016 - 6/11/2016

City / State: Portland, OR Event Name: Rose Festival Walk

Event ID: 104303 Distance - Trail Ratings: 10KM/5KM - 1A

Description: Amenities: Strollers: medium | Wheelchairs: NO | Pets: No | Restrooms: Yes

Special Programs: Alternative Capitals, Amphitheatres, Animal Safari, Bridges - Spanning the USA, Treasure Hunt - A way to walk our precious trails, Volcanoes, Walking America's Ports of Call, Water Towers

Start Times: 9 am to 1 pm

Location: Green Dragon Brew Pub

Start Point / Driving Directions: 928 SE 9th Ave

I-5 southbound take exit #300B. Use left lane as it turns to the left. Straight on Belmont St. to ninth Ave. Right on 9th. Pub is on your left.

I - 5 northbound take exit #300 onto Yamhill. Right on 3rd Ave one block to Taylor. Right on Taylor to 9th Ave. Left on 9th Ave 1 block Pub will be on right.

Awards & Fees: IVV Credit Only

Comments: This walk will have two 5 km loops with one going into the Hawthorne and Belmont Districts with their unique shops and many small restaurants. The second loop will cross the Hawthorne Bridge passing the Dragon Boat Races, Rose Festival Fun Center, Saturday Market, and then cross the Burnside Bridge with great views of the Rose Parade. Ample walking space on bridge as 3 lanes and sidewalk is open for viewing and walkers.

Host Club: Rose City Roamers

Contact: Dick Baker (360) 991-8806

Website: www.rosecityroamers.org

E-Mail Contact: www.dickbkr@q.com

6/16/2016 - 6/19/2016

City / State: Cascade Locks, OR

Event Name: Columbia River Gorge Biennial Classic, Eagle Creek

Event ID: 99038

Distance - Trail Ratings: 10K only - 3B

Description: You will drive 5 miles to the start for this walk. This is probably the most beautiful and most visited walk/hike in the Columbia Gorge. Unfortunately, due to the Tish Bridge being destroyed it is no longer possible to hike to Tunnel Falls or High Bridge safely. The new route will take you up Eagle Creek Canyon to the destroyed Tish Bridge and You will Turn Around there and start your return. On your return trip you will descend to Punch Bowl Falls at Lower Punch Bowl. This descent is on a fairly rocky and wet trail, so be careful. The reward at the bottom is well worth the trip down. It might make sense to do this walk on either Thursday or Friday, as weekends are extremely busy on the trail. If you do plan to do this walk on Saturday or Sunday, plan to walk early.

Amenities: Strollers: NO | Wheelchairs: NO | Pets: No | Restrooms: Yes

Special Programs: This event doesn't have any special Programs assigned.

Start Times: 8:00 am to 1:00 pm

Location: Marine Park,

Start Point / Driving Directions: Marine Park, Cascade Locks, OR.

From Portland drive east on I-84 to exit 44. Exit here and turn right on Wa-Na-Pa street and continue to Marine Park on left. Follow signs to registration.

Awards & Fees: IVV Credit Only

Comments: This is one walk in a 12 event weekend. There will be a meet & greet on Friday 6/17/16 and a pot luck dinner on 6/18/2016. We will also be serving our "World Famous Hot Dogs" all four days from 11:00 to 2:30.

Host Club: Columbia River Volkssport Club

Contact: Dick or Carolyn (503) 649-7675

Website: www.columbiagorgewalks.com

E-Mail Contact: gorgewalks@gmail.com



6/16/2016 - 6/19/2016

City / State: Cascade Locks, OR

Event Name: Columbia River Gorge Biennial Classic, Multnomah Falls

Event ID: 99039

Distance - Trail Ratings: 10K - 3C

Description: You will drive 16 miles to the start point for this walk. This is one of the most spectacular walks/hikes in the entire Gorge. You will walk to the top of 520-foot high Multnomah Falls then past many other waterfalls on your way to Wahkeena Springs, the headwaters for Wahkeena Falls. Then back down past Fairy Falls to Wahkeena Falls

Amenities: Strollers: NO | Wheelchairs: NO | Pets: Yes | Restrooms: Yes

Special Programs: This event doesn't have any special Programs assigned.

Start Times: 8:00 am to 1:00 pm

Location: Marine Park

Start Point / Driving Directions: Marine Park, Cascade Locks, OR.

From Portland drive east on I-84 to exit 44. Exit here and turn right on Wa-Na-Pa street and continue to Marine Park on left. Follow signs to registration.

Awards & Fees: IVV Credit Only

Comments: This is one walk in a 12 event weekend. There will be a meet & greet on Friday 6/17/16 and a pot luck dinner on 6/18/2016. We will also be serving our "World Famous Hot Dogs" all four days from 11:00 to 2:30.

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Contact: Dick or Carolyn (503) 649-7675

Website: www.columbiagorgewalks.com

E-Mail Contact: gorgewalks@gmail.com

6/16/2016 - 6/19/2016

City / State: Cascade Locks, OR

Event Name: Columbia River Gorge Biennial Classic, Dry Creek Falls

Event ID: 99040

Distance - Trail Ratings: 10K - 2B

Description: A beautiful waterfall tucked back at the end of a canyon. Walk through old growth fir along forested trails and then down an old road back to Cascade Locks. You will pass the ice cream store at the end of this walk.

Amenities: Strollers: NO | Wheelchairs: NO | Pets: Yes | Restrooms: Yes

Special Programs: This event doesn't have any special Programs assigned.

Start Times: 8:00 am to 1:00 pm

Location: Marine Park

Start Point / Driving Directions: Marine Park, Cascade Locks, OR.

From Portland drive east on I-84 to exit 44. Exit here and turn right on Wa-Na-Pa street and continue to Marine Park on left. Follow signs to registration.

Awards & Fees: IVV Credit Only

Comments: This is one walk in a 12 event weekend. There will be a meet & greet on Friday 6/17/16 and a pot luck dinner on 6/18/2016. We will also be serving our "World Famous Hot Dogs" all four days from 11:00 to 2:30.

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Website: www.columbiagorgewalks.com

E-Mail Contact: gorgewalks@gmail.com



6/16/2016 - 6/19/2016

City / State: Cascade Locks, OR

Event Name: Columbia River Gorge Biennial Classic,

Angel's Rest

Event ID: 101942

Distance - Trail Ratings: 10K - 3C

Description: Angels Rest is an exposed bluff on the Western end of the Columbia River Gorge. This summit is characterized by a long, rocky spine surrounded on three sides by cliffs, boasting a striking 270 degree view! While you cant see any of the Cascade volcanoes from the top, you do get great vantages of Beacon Rock, Silver Star Mountain and many other landmarks. The real draw, however, is the perspective of the river below like youre on a balcony over a great auditorium. Its near-1500 foot prominence, and its proximity to the Columbia River give you the false sensation that you could dive from the summit to the water below

Amenities: Strollers: NO | Wheelchairs: NO | Pets: Yes | Restrooms: No

Special Programs: This event doesn't have any special Programs assigned.

Start Times: 8:00 am to 1:00 pm

Location: Marine Park

Start Point / Driving Directions: Marine Park, Cascade Locks, OR.

From Portland drive east on I-84 to exit 44. Exit here and turn right on Wa-Na-Pa street and continue to Marine Park on left. Follow signs to registration.

Awards & Fees: IVV Credit Only

Comments: This is one walk in a 12 event weekend. There will be a meet & greet on Friday 6/17/16 and a pot luck dinner on 6/18/2016. We will also be serving our "World Famous Hot Dogs" all four days from 11:00 to 2:30.

Host Club: Columbia River Volkssport Club

Contact: Dick or Carolyn (503) 649-7675 **Website:** www.columbiagorgewalks.com

E-Mail Contact: gorgewalks@gmail.com

6/16/2016 - 6/19/2016

City / State: Cascade Locks, OR

Event Name: Columbia River Gorge Biennial Classic, Cascade Locks to Overlook

Event ID: 101943

Distance - Trail Ratings: 10K / 5K - 1A

Description: An easy walk along the old Columbia River Highway to the Overlook Campground with its wonderful views of Bonneville Dam and the Columbia River.

Amenities: Strollers: medium | Wheelchairs: medium | Pets: Yes | Restrooms: Yes

Special Programs: This event doesn't have any special Programs assigned.

Start Times: 8:00 am to 1:00 pm

Location: Marine Park

Start Point / Driving Directions: Marine Park, Cascade Locks, OR.

From Portland drive east on I-84 to exit 44. Exit here and turn right on Wa-Na-Pa street and continue to Marine Park on left. Follow signs to registration.

Awards & Fees: IVV Credit Only

Comments: This is one walk in a 12 event weekend. There will be a meet & greet on Friday 6/17/16 and a pot luck dinner on 6/18/2016. We will also be serving our "World Famous Hot Dogs" all four days from 11:00 to 2:30.

Host Club: Columbia River Volkssport Club

Contact: Dick or Carolyn (503) 649-7675

Website: www.columbiagorgewalks.com

E-Mail Contact: gorgewalks@gmail.com



6/16/2016 - 6/19/2016

City / State: Cascade Locks, OR

Event Name: Columbia River Gorge Biennial Classic, Falls Creek Falls (WA)

Event ID: 101944

Distance - Trail Ratings: 10K - 3C

Description: This walk takes you along a beautiful stream back to the base of a secluded waterfall. Then the trail continues through some old growth forest to the top of the same waterfall. The trail is all on maintained trails and is perfectly safe. There is one moderately steep, though short, hill.

Amenities: Strollers: NO | Wheelchairs: NO | Pets: Yes | Restrooms: Yes

Special Programs: This event doesn't have any special Programs assigned.

Start Times: 8:00 am to 1:00 pm

Location: Marine Park

Start Point / Driving Directions: Marine Park, Cascade Locks, OR.

From Portland drive east on I-84 to exit 44. Exit here and turn right on Wa-Na-Pa street and continue to Marine Park on left. Follow signs to registration.

Awards & Fees: IVV Credit Only

Comments: This is one walk in a 12 event weekend. There will be a meet & greet on Friday 6/17/16 and a pot luck dinner on 6/18/2016. We will also be serving our "World Famous Hot Dogs" all four days from 11:00 to 2:30.

Host Club: Columbia River Volkssport Club

Contact: Dick or Carolyn (503) 649-7675

Website: www.columbiagorgewalks.com

E-Mail Contact: gorgewalks@gmail.com

6/16/2016 - 6/19/2016

City / State: Cascade Locks, OR

Event Name: Columbia River Gorge Biennial Classic, Herman Creek Pinnacles

Event ID: 101945

Distance - Trail Ratings: 10K - 3B

Description: You will drive 3 miles to the start point. You will walk along forested trails, across a creek, past a waterfall to some really different rock formations. The pinnacles are pyramidal shaped rock mounds that are unique to this area. You can climb these if you wish and enjoy the view on the Columbia River far below. You will then return the way you came.

Amenities: Strollers: NO | Wheelchairs: NO | Pets: Yes | Restrooms: Yes

Special Programs: This event doesn't have any special Programs assigned.

Start Times: 8:00 am to 1:00 pm

Location: Marine Park

Start Point / Driving Directions: Marine Park, Cascade Locks, OR.

From Portland drive east on I-84 to exit 44. Exit here and turn right on Wa-Na-Pa street and continue to Marine Park on left. Follow signs to registration.

Awards & Fees: IVV Credit Only

Comments: This is one walk in a 12 event weekend. There will be a meet & greet on Friday 6/17/16 and a pot luck dinner on 6/18/2016. We will also be serving our "World Famous Hot Dogs" all four days from 11:00 to 2:30.

Host Club: Columbia River Volkssport Club

Contact: Dick or Carolyn (503) 649-7675

Website: www.columbiagorgewalks.com

E-Mail Contact: gorgewalks@gmail.com

6/16/2016 - 6/19/2016

City / State: Cascade Locks, OR

Event Name: Columbia River Gorge Biennial Classic,

Mosier Tunnels

Event ID: 101946

Distance - Trail Ratings: 13K - 2A

Description: You will drive 22 miles to the start point. This walk follows the old Columbia River Highway through the Mosier Tunnels. These tunnels collapsed and were then reopened as a State Park and walking/biking trail in the late 90's. The views are awesome and the grade is easy. There is a \$5.00 State Parks pass required for parking here.

Amenities: Strollers: medium | Wheelchairs: medium | Pets: Yes | Restrooms: Yes

Special Programs: This event doesn't have any special Programs assigned.

Start Times: 8:00 am to 1:00 pm

Location: Marine Park

Start Point / Driving Directions: Marine Park, Cascade Locks, OR.

From Portland drive east on I-84 to exit 44. Exit here and turn right on Wa-Na-Pa street and continue to Marine Park on left. Follow signs to registration.

Awards & Fees: IVV Credit Only

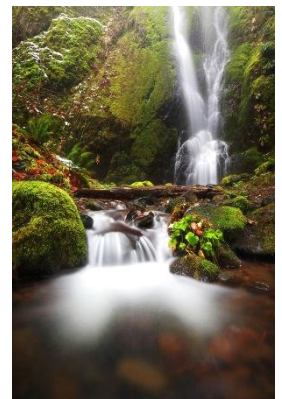
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Host Club: Columbia River Volkssport Club

Contact: Dick or Carolyn (503) 649-7675

Website: www.columbiagorgewalks.com

E-Mail Contact: gorgewalks@gmail.com



6/16/2016 - 6/19/2016

City / State: Cascade Locks, OR

Event Name: Columbia River Gorge Biennial Classic, Bike

Event Type: Bike

Event ID: 101947

Distance - Trail Ratings: 25K - 1A

Description: A totally new route. This starts at Marine Park in Cascade locks and follows the new bike route on the Old Historic Columbia River Highway trail. You will pass Bonneville Dam and continue to John Yeon State park and return.

Amenities: Strollers: NO | Wheelchairs: NO | Pets: No | Restrooms: Yes

Special Programs: This event doesn't have any special Programs assigned.

Start Times: 8:00 am to 1:00 pm

Location: Marine Park

Start Point / Driving Directions: Marine Park, Cascade Locks, OR.

From Portland drive east on I-84 to exit 44. Exit here and turn right on Wa-Na-Pa street and continue to Marine Park on left. Follow signs to registration.

Awards & Fees: IVV Credit Only

Comments: This is one walk in a 12 event weekend. There will be a meet & greet on Friday 6/17/16 and a pot luck dinner on 6/18/2016. We will also be serving our "World Famous Hot Dogs" all four days from 11:00 to 2:30.

Host Club: Columbia River Volkssport Club

Contact: Dick or Carolyn (503) 649-7675

Website: www.columbiagorgewalks.com

E-Mail Contact: gorgewalks@gmail.com



6/16/2016 - 6/19/2016

City / State: Cascade Locks, OR

Event Name: Columbia River Gorge Biennial Classic, Starvation Creek

Event ID: 101948

Distance - Trail Ratings: 10K / 5K - 1B

Description: This is an easy, fairly flat walk on a part of the Old Columbia River Highway that has been converted to a hiking/walking trail. You will pass several waterfalls. You will walk through a campground to a small sandy beach on the Columbia River and then back to your vehicle.

Amenities: Strollers: medium | Wheelchairs: medium | Pets: Yes | Restrooms: Yes

Special Programs: This event doesn't have any special Programs assigned.

Start Times: 8:00 am to 1:00 pm

Location: Marine Park

Start Point / Driving Directions: Marine Park, Cascade Locks, OR.

From Portland drive east on I-84 to exit 44. Exit here and turn right on Wa-Na-Pa street and continue to Marine Park on left. Follow signs to registration.

Awards & Fees: IVV Credit Only

Comments: This is one walk in a 12 event weekend. There will be a meet & greet on Friday 6/17/16 and a pot luck dinner on 6/18/2016. We will also be serving our "World Famous Hot Dogs" all four days from 11:00 to 2:30.

Host Club: Columbia River Volkssport Club

Contact: Dick or Carolyn (503) 649-7675

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E-Mail Contact: gorgewalks@gmail.com



6/16/2016 - 6/19/2016

City / State: Cascade Locks, OR

Event Name: Columbia River Gorge Biennial Classic, Town Walk

Event ID: 101949

Distance - Trail Ratings: 5K - 1A

Description: Walk through Marine Park onto Thunder Island, in the middle of the Columbia River, past the museum, and into town past the ice cream store. An easy short walk.

Amenities: Strollers: medium | Wheelchairs: medium | Pets: Yes | Restrooms: Yes

Special Programs: This event doesn't have any special Programs assigned.

Start Times: 8:00 am to 1:00 pm

Location: Marine Park

Start Point / Driving Directions: Marine Park, Cascade Locks, OR.

From Portland drive east on I-84 to exit 44. Exit here and turn right on Wa-Na-Pa street and continue to Marine Park on left. Follow signs to registration.

Awards & Fees: IVV Credit Only

Comments: This is one walk in a 12 event weekend. There will be a meet & greet on Friday 6/17/16 and a pot luck dinner on 6/18/2016. We will also be serving our "World Famous Hot Dogs" all four days from 11:00 to 2:30.

Host Club: Columbia River Volkssport Club

Contact: Dick or Carolyn (503) 649-7675

Website: www.columbiagorgewalks.com

E-Mail Contact: gorgewalks@gmail.com

6/16/2016 - 6/19/2016

City / State: Cascade Locks, OR

Event Name: Columbia River Gorge Biennial Classic, Wahclella Falls.

Event ID: 101950

Distance - Trail Ratings: 10K / 5K - 2C

Description: This is an old favorite. One of the prettiest waterfalls in the Columbia Gorge, this one is nestled at the end of a beautiful canyon. You will walk along a creek, past an unnamed waterfall across two bridges to the double falls at the end of the canyon. Then return to walk through the Bonneville Fish Hatchery and back to your vehicle.

Amenities: Strollers: NO | Wheelchairs: NO | Pets: Yes | Restrooms: Yes

Special Programs: This event doesn't have any special Programs assigned.

Start Times: 8:00 am to 1:00 pm

Location: Marine Park

Start Point / Driving Directions: Marine Park, Cascade Locks, OR.

From Portland drive east on I-84 to exit 44. Exit here and turn right on Wa-Na-Pa street and continue to Marine Park on left. Follow signs to registration.

Awards & Fees: IVV Credit Only

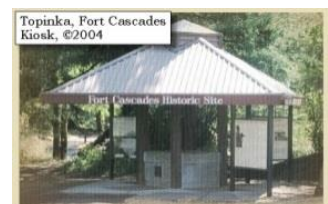
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Host Club: Columbia River Volkssport Club

Contact: Dick or Carolyn (503) 649-7675

Website: www.columbiagorgewalks.com

E-Mail Contact: gorgewalks@gmail.com



6/16/2016 - 6/19/2016

City / State: Cascade Locks, OR

Event Name: Columbia River Gorge

Biennial Classic, Fort Cascade

Event ID: 104768

Distance - Trail Ratings: 10K / 6K - 2B

Description: This is a walk that goes through Fort Cascade, a Fort on the Columbia River built in the 1800s that was demolished by a flood. You will also walk through the small town of North Bonneville, WA.

Amenities: Strollers: hard | Wheelchairs: NO | Pets: Yes | Restrooms: Yes

Special Programs: This event doesn't have any special Programs assigned.

Start Times: 8:00 am to 1:00 pm

Location: Marine Park, Ft. Cascade

Start Point / Driving Directions: Marine Park, Cascade Locks, OR.

From Portland drive east on I-84 to exit 44. Exit here and turn right on Wa-Na-Pa street and continue to Marine Park on left. Follow signs to registration.

Awards & Fees: IVV Credit Only

Comments: This is one walk in a 12 event weekend. There will be a meet & greet on Friday 6/17/16 and a pot luck dinner on 6/18/2016. We will also be serving our "World Famous Hot Dogs" all four days from 11:00 to 2:30.

Host Club: Columbia River Volkssport Club

Contact: Dick or Carolyn (503) 649-7675 **Website:** www.columbiagorgewalks.com

E-Mail Contact: gorgewalks@gmail.com

6/16/2016 - 6/19/2016

City / State: Cascade Locks, OR

Event Name: Columbia River Gorge Biennial Classic, Swim

Event Type: Swim

Event ID: 104769

Distance - Trail Ratings: 300M - 1A

Description: This swim will be held at the Hood River Aquatic center, Hood River, OR.

Amenities: Strollers: NO | Wheelchairs: NO | Pets: No | Restrooms: Yes

Special Programs: This event doesn't have any special Programs assigned.

Start Times:

Location: Marine Park

Start Point / Driving Directions: Marine Park, Cascade Locks, OR. From Portland drive east on I-84 to exit 44. Exit here and turn right on Wa Na Pa street and continue to Marine Park on left. Follow signs to registration.

Awards & Fees: IVV Credit Only

Comments: This is one part of a 12 event weekend. There will be a meet & greet on Friday 6/17/16 and a pot luck dinner on 6/18/2016. We will also be serving our "World Famous Hot Dogs" all four days from 11:00 to 2:30

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7/9/2016 - 7/9/2016

City / State: Donald, OR

Event Name: Go Nuts in Donald, Oregon - Hazelnut Festival

Event ID: 103931

Distance - Trail Ratings: 10K 5K - 1A

Description: Water at Start/Finish. Porta Potty at the start and along the route. Challenges: City Hall, Marion County, Waste Water Treatment Plant, Flags, A-Z and Post Office.

Amenities: Strollers: medium | Wheelchairs: hard | Pets: Yes | Restrooms: Yes

Special Programs: Cities in Song, Honoring Our Flag, United States Post Offices, Volcanoes

Start Times: 8 AM to 11 AM and Finish by 2 PM

Location: G K Machine, Inc. in Donald, Oregon

Start Point / Driving Directions: 10590 Donald Rd.NE. Donald, Or.

I-5 Northbound & Southbound Exit #278. Northbound turn Left on Ehlen Rd. NE. Southbound turn



Right on Ehlen Rd. NE for 1.6 miles then LEFT on Butteville Rd. NE for .5 miles then RIGHT on Donald Rd. NE. Park in the Parking lot across the street from the start at GK Machine Inc. at 10590 Donald Rd. NE., Donald, Oregon 97020

Awards & Fees: IVV Credit Only

Comments: We have been invited to walk in Donald and take in the Hazelnut Festival. You will be walking on sidewalks past the Classic Car Show and on street shoulders. Route will pass thru most of this 979 population City. Come early & stay for the Parade 11 am. Suitable for strollers & wheelchairs for 5K Only.

Host Club: Valley Volkswalkers

Contact: BL Cline (503) 329-5386 E-Mail Contact: valleyvolkswalkers@yahoo.com

7/13/2016 - 7/13/2016

City / State: Wood Village, OR Event Name: Tom, Dick & Harry Mountain Hike

Event Type: Guided Walk Event ID: 104977

Distance - Trail Ratings: 5 & 10 km - 3C

Description: walk will start at the Mirror Lake (Tom, Dick and Harry Mountain) trailhead. The 5 (4.7) km route will go to Mirror Lake (rated 2C with about 700 feet elevation gain). The 10 km route will go past Mirror Lake and continue to a spectacular viewpoint atop Tom Dick and Harry Mountain. Both distances will have many Alpine Flowers in bloom and masses of huckleberries. This trail is one of the most popular hike in Oregon. Great views everywhere including Mt Hood reflecting off of Mirror Lake. Bring water, food (snacks or better yet lunch), camera and walking stick(s).

Amenities: Strollers: NO | Wheelchairs: NO | Pets: No | Restrooms: No

Special Programs: This event doesn't have any special Programs assigned.

Start Times: 8:10 to 8:25

Location: Wood Village Walmart

Start Point / Driving Directions: From I-84 eastbound take exit 16 to 238th Dr. LEFT on 238th Dr. to Sandy Blvd. Left on Sandy to the Walmart Parking Lot NE Corner.

Once registered, everyone will carpool to trailhead at 8:30.

Awards & Fees: IVV Credit Only

Comments: There is very limited parking so plan on car pooling.

Recommend that you get to Walmart early to use restrooms.

Host Club: Columbia River Volkssport Club

Contact: Dick Baker (360) 991-8806 Website: www.walking4fun.org E-Mail Contact: dickbkr@q.com

7/16/2016 - 7/16/2016

City / State: Gresham, OR

Event Name: Gresham Art Walk

Event ID: 104250

Distance - Trail Ratings: 10K-1A, 5K-1A - 1A

Description: Trail Description: The 10K and 5K is rated 1A. Both walks will take you through the Gresham Art Walk and the Farmers Market. The 10K will also take you to Gradin Sports Park. There is not a restroom at the start, but there are some along the route.

Amenities: Strollers: medium | Wheelchairs: hard | Pets: No | Restrooms: Yes

Special Programs: Honoring Our Flag, Lady Liberty Special Program, Make a Wish at a Water Fountain, National Register of Historic Places, Points of Reference, Take a Walk In a City Park, Trekking With the Trees, United States Post Offices, Volcanoes, Walking the USA A - Z, You'll Never Walk Alone

Start Times: 9am -1pm no early starts

Location: Gresham City Hall

Start Point / Driving Directions: Driving Directions: 1333 NW Eastman Parkway, Gresham, OR 97030. Taking I-84 from the east or west take exit #14 Fairview Parkway and follow the signs to Halsey St/Gresham. Take Fairview Parkway to



Glisan St. Turn left and get into the right lane and go to the next signal which is 223rd St. Turn right and follow 223rd St. to City Hall. At Burnside 223rd St. becomes Eastman Parkway. City Hall is on the right shortly after crossing Burnside.

MAX: Gresham Transit Center. When you exit the MAX train, go to street and turn left and proceed to City Hall to sign-in table.

Awards & Fees: IVV Credit Only

Comments: CHALLENGES AVAILABLE: AVA: City Park (10K only), Honoring Our Flag, Lady Liberty (10K only), Make A Wish/Fountains, Natl Register of Historic Places, Points of Reference, Trekking With The Trees (10K only), US Post Offices (10K only), Volcanoes, You'll Never Walk Alone. WWC: Bakeries, Birds & Beasts, Libraries. WOC: Antique Shops, Arches (10K only), Auditoriums, Banks, Barber Shops, Candy Shops, Chinese Food, City Halls, Dog Related, Delis, Emergency, Engines, Entertainment, Festivals, Firehouses, Gallery, Gardens, Klubs (ECWW), Libraries, Landmarks, Monuments, Mountains, Murals, Museums, Watering Holes, Turnaround Trekkers, COW (Oregon). WA: Womb to Tomb, Restaurants, Parks. California, Idaho & Alaska challenges are also accepted.

Host Club: East County Windwalkers

Contact: Regina Blake (503) 665-0950 Website: www.eastcountywindwalkers.weebly.com

E-Mail Contact: reggie_blake@yahoo.com

A Salute to the Grand ol' Flag & to those past & present who have served our nation



GROUP WALKS

6/1/16

10am Gateway Fred Meyer, 1111 NE 102nd Ave,
Portland

YRE 427 rated 1A ECWW: Garden entry
Applebee's, 10004 NE Halsey St (in parking lot at
finish)

6/8/16

10am Columbia Sportswear Outlet, 1323 SE Tacoma
St, Portland

YRE 1532 rated 1A CRVC: start box is to your left
Jade Bistro & Teahouse, 7912 SE 13th Ave (4 blocks
from finish)

6/15/16

10am Marine Park, Cascade Locks, Or
The 10K Group will assist with marking
Cascade Locks to Overlook Walk (10K) and the 5K
Group will assist with marking the Cascade Locks
Town Walk (5K).
Bridgeside Restaurant, 745 NW Wa Na Pa St, Cascade
Locks

6/22/16 - *Do not go to the normal start for this
walk which lacks facilities. Signup materials will be at
McMenamins Greenway Pub. Hwy 26 to Hwy 217,
Exit 4B and go West.

10am McMenamins Greenway Pub, 12272 SW
Scholls Ferry Rd
YRE 1025 rated 1A CM
McMenamins Greenway Pub, 12272 SW Scholls
Ferry Rd

6/29/16

10am Felida Park , NW 39th Ave & NW 122nd St,
Vancouver
YRE 1872 rated 1B AWW: ask Farrar's Bistro, 12514
NW 36th Ave (1.5 km from finish)

YEAR ROUND WALKS

PORTLAND – Clackamas

MT TALBERT NATURE PARK

Start: DAYS INN MOTEL
9717 SE Sunnyside Rd.
Contact: Judy D., 503-698-4398

PORTLAND – North

HISTORIC ST. JOHNS, SWAN ISLAND-UNIV PORTLAND

Start: WEST COAST HEALTH & FITNESS
7522 N.Lombard St.
Contact: Sue C., 503-289-5888

PORTLAND – Northwest

CROSTOWN, DOWNTOWN, FOUR PARKS

Start: LEGACY GOOD SAMARITAN HOSPITAL 1015 NW
22nd Avenue
Contact: Sue C., 503-289-5888
Parking validation pass or fee required.

PORTLAND-Northeast

HAWTHORNE BLVD DISTRICT -- MT TABOR HILL & STAIR CLIMB --

Start: STARBUCKS COFFEE
3639 SE Hawthorne Blvd.
Contact: Susan T 503-975-9151

PORTLAND – Northeast

ALAMEDA/HOLLYWOOD, HIGHLIGHTS- HAWTHORNE LAURELHURST AREA

Start: PROVIDENCE PORTLAND
4805 NE Glisan St.
Contact: John H., 503-654-3494

PORTLAND – Southwest

TRYON CREEK STATE PARK

Start: TRYON CREEK STATE PARK
11321 SW Terwilliger Blvd.
Contact: John H., 503-654-3494

PORTLAND – Southeast

REED COLLEGE,

CRYSTAL SPRINGS GARDENS

Start: Pace Setter Athletic

4203 SE Woodstock Blvd

Contact: John H., 503-654-3494

LAKE OSWEGO –

LAKE OSWEGO-LO RIVER RUN,

LAKE OSWEGO-NEIGHBORHOODS

Start: McDONALD'S RESTAURANT

16044 SW Lower Boones Ferry Rd.

Contact: Ed H., 360-921-1909

LAKE OSWEGO-

MOUNTAIN PARKWAYS ROLLER COASTER

Start: NEW SEASONS MARKET

3 Monroe Parkway, Suite H Lake Oswego

Contact: Joe K, 503-260-7033

Tualatin

Hedges Creek

Ibach Park and Hidden Tualatin

Start: Starbucks at Hedges Creek

8639 SW Tualatin-Sherwood Road

Tualatin, OR

Contact: Joe K, 503-260-7033

Tualatin

Three Cities, Three Parks

Start: REI - Tualatin

7410 SW Bridgeport Road

Tigard, OR

Contact: Joe K, 503-260-7033

"A significant fraction of thru-hikers reach Katahdin, then turn around and start back to Georgia. They just can't stop walking, which kind of makes you wonder."

— Bill Bryson, *A Walk in the Woods: Rediscovering America on the Appalachian Trail*

2016 Club Officer Directory

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[\(M@L=Member at Large\)](#)

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Vancouver, WA 98686

American Volkssport Association

Mail: 1001 Pat Booker Rd, Ste 101

Universal City TX 78148