

The Roamer

Rose City Roamers
Newsletter

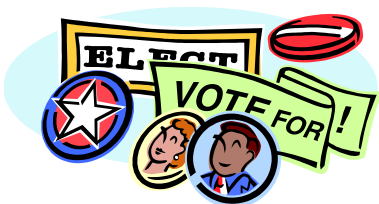


November 2014

Fun*Friendship*Fitness

CALENDAR

- Oct 28 Board meeting
6 pm Pavilion lobby
- Nov 5 Club Meeting & Elections
6 pm ***Note day change***
Patio Room (next to Cafeteria)
Pizza Party Night!



UPCOMING EVENTS

OFFICER ELECTIONS

Come support your club and vote for the officers of your choice for 2015. Nominees for re-election are Ed Hainline, Dick Baker Vice Pres., and Debbie Esmond, Secretary. Open positions are Treasurer, membership manager and historical records coordinator.

HIGHWAY CLEAN-UP

We want to extend a big **Thank You** to everyone who came out this past year to help with the club's portion of cleaning-up the highway. It really makes the area look neat when we're all done. The more that help out the quicker the job gets done so if you haven't yet volunteered please join us next year for more cleanups. Watch for future dates and times.

CLUB MEETING

Our next Club meeting is Wednesday, November 5 at 6pm at Portland Adventist Hospital in the lower level Education Rm A. This is our Elections

meeting. The date was changed as it conflicted with several schedules as well as the National Elections.

UPCOMING RCR WALKS

Although our club doesn't have any current walking events there are still walks happening around the area. Check out the traditional walk events, Wednesday walking groups or any of the many Year Round Walks. Whether walking by yourself or in a group there is always something different to see and somewhere new to try so get your walk on! Watch for future walks being planned and give us your ideas of places you would like to see a Walk event happen.

January and February 2015 Walk Challenge:

Starting on January 1st, 2015, the Oregon Trail State Volkssport Association (OTSVA) has a Walking Challenge for all Volkswalkers. This Challenge is available to Credit and Non-Credit Walkers (Free) and Available to Any Walker, whether they are a Member of a Walking Club or Not!! It is Open to Anyone Who Walks!! From January 1st through and including February 28th of 2015, the Challenge is to walk as many walks as possible during this two (2) month time period in our North West Region (Washington, Oregon, Idaho, and Alaska.) All Walkers will need to keep track of All the Walks they do. First, we need your name, address then the walk name, walk number (YRE or Event Stamp) and date walked for each walk done. The Challenge Prizes are listed below:

- 1st Place - Most Walks \$50 REI Gift Certificate
- 2nd Place - Second Most Walks \$25 REI Gift Certificate
- 3rd Place - Third Most Walks \$10 REI Gift Certificate

If there are any questions, you can contact me at my email address of edhainline@comcast.net my cell # 360-921-1909

TRADITIONAL WALK EVENTS

11/1/2014 **Beaverton, Event Name: Fanno Creek Greenway** **Host Club: Cedar Milers**
Contact: Carol Reed (503) 645-5350 Website: www.cedarmilers.org
E-Mail Contact: carolreed1@hotmail.com
Event ID: 98214
Distance - Trail Ratings: 10K/5K - 1A
Description: Connect up with the Fanno Creek Greenway via a park and quiet neighborhoods then walk along the Greenway Trail to Garden Home and back via neighborhood streets and the Greenway Trail including the brand new section where volkswalkers feet have never been before. All this quiet pathway right in the middle of the east side of Beaverton!
Amenities: Strollers: easy | Wheelchairs: medium | Pets: Yes | Restrooms: Yes
Start Times: 9am-1pm, finish by 4pm
Location: Sunset Bingo, 4830 SW Western Ave, Beaverton, OR 97005
Start Point / Driving Directions: I-5 Northbound: Exit #292A (OR217/Beaverton), Exit 2A (Beaverton), RIGHT on Hwy 10 (SW Beaverton/Hillsdale Hwy), RIGHT on Western Ave. Park in southend of BiMart parking lot. I-5 Southbound: Exit #302B (I-405S/Beaverton), Exit 1D (US26W/Beaverton), LEFT at 2nd signal onto Hwy 10 (SW Beaverton Hillsdale Hwy). RIGHT on Western Ave. Park in southend of BiMart parking lot.
Awards & Fees: IVV Credit Only
Comments: Walk Oregon Challenges: waterways and more (to be listed soon)

11/8/2014 **Woodburn, OR DID YOU SEE THAT TURKEY?** **Host Club: Valley Volkswalkers**
Contact: BL Cline (503) 329-5386 Website: No Website Listed E-Mail Contact:
Valleyvolkswalkers@yahoo.com
Event ID: 98465
Distance - Trail Ratings: 10K & 5K - 1A
Description: Walk past the 1892 Jesse Settlemeir House on the National Registry & a 1902 Steam Locomotive, the World's Berry Museum & a Water Tower. Along the route look for hidden Turkeys trying to escape Thanksgiving.
Amenities: Strollers: medium | Wheelchairs: medium | Pets: Yes | Restrooms: Yes
Special Programs: Celebrating Golden Cinemas, Honoring Our Flag, National Register of Historic Places, Water Towers
Start Times: 9 am to 1pm finish by 4 pm
Location: Centennial Park - 900 Parr Rd., Woodburn, Oregon 97071 - Covered area between Restrooms and Playground Equipment.
Start Point / Driving Directions: I-5 Exit #271 (OR214/Woodburn/Silverton) NORTHBOUND RIGHT - SOUTHBOUND LEFT
for 1 1/2 miles. RIGHT on N. Settlemeir St. for 1 mile. RIGHT on Parr Rd. for 1/2 mile. LEFT into Centennial Park.
H HWY 99E to Woodburn. Northbound LEFT / Southbound RIGHT on Young St. to City Center. LEFT on S. Front St. 1/2 mile to 2nd Stop Sign. Straight ahead road name changes to Parr Rd. for 1/2 mile. LEFT into Centennial Park
Awards & Fees: IVV Credit Only
Comments:

12/6/2014 **Sherwood, OR Christmas Lights of Sherwood** **Host Club: Sherwood Merrywalkers**
Contact: Karen or Carolyn (503) 692-7675 E-Mail Contact: imawalker2@msn.com
Event Type: Night Walk
Event ID: 101215
Distance - Trail Ratings: 5K/10K - 1A

Description:

Amenities: Strollers: easy | Wheelchairs: medium | Pets: Yes | Restrooms: Yes

Special Programs: This event doesn't have any special Programs assigned.

Start Times: 4-6pm, Finish 9pm

Location: 21907 SW Sherwood Blvd, Sherwood, OR

Start Point / Driving Directions: Marjorie Stewart Community Center, This year we start at a new place and take in a new route to see the festive holiday lights of the season. Come join us for a fun evening

Awards & Fees: IVV Credit Only

Comments:

12/20/2014 Portland, OR Christmas Ships Walk Host Club: Columbia River Volkssport Club

Contact: Judy Koonce (503) 230-1387 Website: www/walking4fun.org E-Mail Contact:

judy.koonce@portlandoregon.gov

Event ID: 98550

Distance - Trail Ratings: 5K/10K - 1A

Description: A Beautiful Evening Walk along the Willamette River with viewing of the Christmas Ships Parade. Both the Columbia and Willamette Ships will be in the area tonight for the parade, dependent on the Weather. The Best Viewing Times are after 5:30pm and before 8:30pm. The Ships will go to the Lake Oswego area by George Rogers Park and turn around to return to the Marina in River Place.

Amenities: Strollers: medium | Wheelchairs: NO | Pets: Yes | Restrooms: Yes

Special Programs: Cities in Song, Honoring Our Flag, Rainbow Color-Named Places, Walking the USA A - Z

Start Times: 4:00pm to 7:00pm, Finish by 10:00pm

Location: Buffalo Gap Pub & Grill, Portland, Oregon

Start Point / Driving Directions: 6835 SW Macadam Ave, Portland, OR

I-5 NORTHBOUND in Portland take Exit # 298 for Corbett Ave. Turn Right at SW Corbett Ave. Left at SW Richardson Court. Right at SW Macadam Ave/OR 43.

The Buffalo Gap is at the corner of SW Macadam Ave and SW California St in the Johns Landing Area.

Parking is available in the parking structure across from the pub and on the street.

Awards & Fees: IVV Credit Only

Comments: Credit Only is \$3.00 - Non-Credit Participants are Welcome!!! All must register, carry and return a Start Card.

Water and Restrooms will be at the Start/Finish. Pets are permitted, but NOT in Building(s). Owners are responsible for leash and cleanup of the walking companion.

1/1/2015 Portland, OR New Year's Day Walk Host Club: Columbia River Volkssport Club

Contact: Dick Baker (360) 991-8806 Website: www.walking4fun.org E-Mail Contact: dickbkr@q.com

Event ID: 98877

Distance - Trail Ratings: 5 and 10 km - 1A

Description: This walk will have two five km routes in the NW, Pearl Old Town, China Town, and downtown districts

Amenities: Strollers: medium | Wheelchairs: NO | Pets: Yes | Restrooms: Yes

Special Programs: This event doesn't have any special Programs assigned.

Start Times: 10 am to 1 pm for 10 km, 10 am to 2 pm for 5 km

Location: REI Portland

Start Point / Driving Directions: 1405 NW Johnson

From I-405 southbound take Everett St Exit 2B to Everett St. LEFT on Everett St. LEFT on 14th Ave. LEFT on Johnson St.

Awards & Fees: IVV Credit Only

Comments: Free street parking on New Year's Day.

Walk will be cancelled or rescheduled if ice and snow are on the routes, making walking unsafe.

YEAR-ROUND EVENTS (YRE)

PORTLAND – Northwest

CROSSTOWN, DOWNTOWN, COUNCIL CREST

Start: LEGACY GOOD SAMARITAN
HOSPITAL 1015 NW 22nd Avenue
Contact: Sue C., 503-289-5888

PORTLAND – North

HISTORIC ST. JOHNS, SWAN ISLAND-UNIV PORTLAND

Start: WEST COAST HEALTH &
FITNESS 7522 N. Lombard St.
Contact: Sue C., 503-289-5888

PORTLAND – Southwest

TRYON CREEK STATE PARK

Start: TRYON CREEK STATE PARK
11321 SW Terwilliger Blvd.
Contact: John H., 503-654-3494

LAKE OSWEGO –

LAKE OSWEGO-CIRCLE THE LAKE LAKE OSWEGO-NEIGHBORHOODS

Start: McDONALD'S RESTAURANT
16044 SW Lower Boones Ferry Rd.
Contact: Ed H., 360-921-1909

PORTLAND – Southeast

REED COLLEGE, CRYSTAL SPRINGS GARDENS

Start: Pace Setter Athletic
4203 SE Woodstock Blvd
Contact: John H., 503-654-3494

PORTLAND – Clackamas

MT TALBERT NATURE PARK

Start: DAYS INN MOTEL
9717 SE Sunnyside Rd.
Contact: Judy D., 503-698-4398

PORTLAND – Northeast

ALAMEDA/HOLLYWOOD, SE HIGHLIGHTS-BELMONT, HAWTHORNE, LAURELHURST

Start: PROVIDENCE PORTLAND
4805 NE Glisan St.
Contact: John H., 503-654-3494

GROUP WALKS

11/5/14

10:00 AM Willamette Falls Hospital, 1500 Division
Street, Oregon City
[YRE 65](#) rated 2A V V: in lobby behind business desk on
right
Willamette Falls Hospital Cafeteria (at start)

11/12/14

10:00 AM Best Western Pony Soldier, 1060 NE
Cleveland, Gresham
YRE 519 rated 1A ECW: at counter
Heidi's, 1230 NE Cleveland (next to finish)

11/19/14

10:00 AM The Merk, 1339 Commerce Ave, Longview,
WA
[YRE 1316](#) rated 1A BC: box near front entrance
Olde Creekside Cafe, 1323 Commerce Ave. Longview
(1 block from finish)
contact titone@usc.edu if you wish to carpool

11/26/14

10:00 AM Providence Portland Medical Center, 4805
NE Glisan @ 49th Ave
[YRE 1708](#) rated 1A RCR: East Side Main Floor - Social
Room
Gustav's, 5035 NE Sandy (1.5 km from finish)

12/3/14

10:00 AM Albertson's at Tigard Towne Square, 16200
SW Pacific Hwy, Tigard, OR
[YRE 534](#) rated 1A SM: at Customer Service counter
Pacific Breeze, 11525 SW Durham Rd. Tigard (across
street from Albertson's)

12/10/14

10:00 AM Holiday Inn Express, 75 82nd Drive,
Gladstone, OR
[YRE 695](#) rated 2 4-D's: start box at front desk
High Rocks Pub, 915 E Arlington, Gladstone (across
parking lot)

FEBRUARY MEETING: SCRAPBOOKING PARTY

Rose City Roamers is planning a scrapbooking party for the February 2015 club meeting. Please come help lighten up the historic scrapbook files by removing cardboard inserts, re-arranging pages, etc. If you have supplies that you would be willing to be share (scissors, adhesives, etc) please contact Judy deBenedetti at 503-929-2310 or email her at Judydebenedetti@msn.com.

CLUB DUES DUE SOON

Club dues are due January 1st for the 2015 walking year. Get a head start and bring your dues to the November meeting or mail them in to the address in the club directory. Dues are \$6.00 per year for an individual or family and gives you a discount on RCR sponsored walks and other benefits such as this newsletter.

Her pleasure in the walk must arise from the exercise and the day, from hedges, and from repeating to herself some few of the thousand poetical descriptions extant of autumn--that season of peculiar and inexhaustible influence on the mind of taste and tenderness--that season which has drawn from every poet worthy of being read some attempt at description, or some lines of feeling."

— [Jane Austen](#), *Persuasion*



2014 Club Officer Directory

Dick Baker, President
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Debbie Esmond, Secretary
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Deedlenee@comcast.net
[\(M@L=Member\)](#)

For membership dues mail to:

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Portland OR 97206

American Volkssport Association
Mail: 1001 Pat Booker Rd, Ste 101
Universal City TX 78148