



Rose City Roamers

The Roamer Newsletter

November 2013

*Fun*Fitness*Friendship*

CALENDAR

Nov 5 7 pm Club Meeting-Pizza Party/Officer Elections
Adventist Health Ed Center B

CLUB MEETING & OFFICER ELECTIONS

Plan on attending our next club meeting on November 4 at 7:00pm at Portland Adventist Medical Center in Education Rm B. We will be voting for new officers for the 2014 year. Nominations are open for President and Vice-President. The following officers up for re-election/election are Susan Treacy for Treasurer, Debbie Esmond for Secretary, plus four members-at-large which includes webmaster, membership coordinator and newsletter editor. We will have pizza and beverages provided by club members.

NEWS AND EVENTS

Participation Totals for 3rd Quarter 2013 for YRE Walks

YRE/Seasonal	Event Stamp No.	Event Name	Total ALL Walkers	LESS Free Walkers	= Total Paid Walkers (Credit Only)	LESS Coupon Walkers	= Total Paid Walkers x Per Paid Walker Fee	=Total Per YRE/ Seasonal Event
Y0033	Mt Tabor	17	3	14	0	14	.30	\$4.20
Y0073	Hist. St Johns	14	2	12	0	12	.30	\$3.60
Y0256	Crosstown	31	7	24	0	24	.30	\$7.20
Y0297	Council Crest	32	8	24	0	24	.30	\$7.20
Y0409	NE/SE Belmont, Murals, More	14	2	12	0	12	.30	\$3.60
Y0410	Downtown	32	3	29	0	29	.30	\$8.70
Y0921	Tryon Creek	16	5	11	0	11	.30	\$3.30
Y1192	Reed Col/Crystal Sprgs	15	6	9	0	9	.30	\$2.70
Y1298	Peninsula Crossing	12	1	11	0	11	.30	\$3.30
Y1455	Sunnyside	17	5	12	0	12	.30	\$3.60
Y1653	LO/Cirle the Lake	7	0	7	0	7	.30	\$2.10
Y1708	Alameda/Fremont	71	26	45	0	45	.30	\$13.50
Y2013	Lake Oswego/Neighborhoods	13	1	12	0	12	.30	\$3.60
	TOTALS	291	69	222	0	222	.30	66.60

YEAR-ROUND EVENTS (YRE)

PORTLAND – Northwest

CROSSTOWN, DOWNTOWN

Start: LEGACY GOOD SAMARITAN
HOSPITAL 1015 NW 22nd Avenue
Contact: Sue C., 503-289-5888

PORTLAND – North

HISTORIC ST. JOHNS, PENINSULA CROSSING

Start: WEST COAST HEALTH &
FITNESS 7522 N. Lombard St.
Contact: Sue C., 503-289-5888

PORTLAND – Southwest

TRYON CREEK STATE PARK

Start: TRYON CREEK STATE PARK
11321 SW Terwilliger Blvd.
Contact: John H., 503-654-3494

LAKE OSWEGO – Neighborhoods

LAKE OSWEGO, CIRCLE THE LAKE

Start: McDONALD'S RESTAURANT
16044 SW Lower Boones Ferry Rd.
Contact: Ed H., 360-921-1909

PORTLAND – Southeast

REED COLLEGE, CRYSTAL SPRINGS GARDENS

Start: Pace Setter Athletic
4203 SE Woodstock Blvd
Contact: John H., 503-654-3494

PORTLAND – Clackamas

SUNNYSIDE

Start: DAYS INN MOTEL
9717 SE Sunnyside Rd.
Contact: Judy D., 503-698-4398

PORTLAND – Northeast

ALAMEDA/FREMONT, MT. TABOR NE/SE, BELMONT, MURALS AND MORE

Start: PROVIDENCE PORTLAND
4805 NE Glisan St.
Contact: John H., 503-654-3494

WEDNESDAY WALKS

11/13/13

10:00 AM Days Inn Motel, 9717 SE
Sunnyside Rd, Clackamas

[YRE 1455](#) rated 2B RCR: behind
counter

Gustav's, 12605 SE 97th Ave, Clackamas
(3 blocks from finish)

11/20/13

10:00 AM Willamette Falls Hospital, 1500
Division St, Oregon City

[YRE 65](#) rated 2A V V: in lobby behind
business desk on right

Willamette Falls Hospital Cafeteria (at
start)

11/27/13

10:00 AM Red Lion at the Quay, 100
Columbia, Vancouver

[YRE 369](#) rated 1A VUV: between hotel
lobby and restaurant

Who Song and Larry's, 111 S. Columbia
Way, Vancouver (near finish)

12/4/13

10:00 AM Albertson's at Tigard Towne
Square, 16200 SW Pacific Hwy, Tigard,
OR

[YRE 534](#) rated 1A SM: at Customer
Service counter

Pacific Breeze, 11525 SW Durham Rd,
Tigard (across street from Albertson's)

TRADITIONAL EVENT WALKS

Dates: 11/2/2013
City / State: Hillsboro, OR
Event Name: Hop(s) To It
Event ID: 95785
Distance - Trail Ratings: 10K/6K - 1A
Description: Walk on sidewalks through the Orenco (former Oregon Nursery Company) area in Hillsboro around an Intel Campus. View the new baseball stadium built for the Hillsboro Hops, a Class A affiliate of the Arizona Diamondbacks. Suitable for Strollers. Not suitable for wheelchairs.
Amenities: **Strollers:** easy | **Wheelchairs:** hard | **Pets:** Yes | **Restrooms:** Yes
Special Programs: Baseball, Baseball Walks, Rainbow, Rainbow Color-Named Places
Start Times: 9:00 - 1:00
Location: New Seasons Market, 1453 NE 61st Ave, Hillsboro, OR 97124
Start Point / Driving Directions: DIRECTIONS: I-5 NORTHBOUND: Exit #292A (Tigard/Sunset Hwy/Oregon Coast), OR217N (Beaverton/Tigard) US26W (Sunset Hwy/Oregon Coast), Exit #62A (Cornelius Pass Rd S). RIGHT on Cornelius Pass Rd. RIGHT on Cornell Rd. RIGHT on NE 61st Ave. Store on the Left I-5 SOUTHBOUND: Exit #302B, I-405S (US30/ Beaverton/St Helens), Exit #1D (US26W/ Beaverton, Exit #69A (OR217S/Beaverton/ Tigard) to US26W (Sunset Hwy/Oregon Coast), Exit #62A (Cornelius Pass Rd S). Continue as above.
Awards & Fees: IVV Credit Only
Comments: WOC: Arches, Arenas, Fire Station, COW, Klubs
AVA: Baseball, Rainbow Colors, A-Z, 50 States
Host Club: Cedar Milers
Contact: Dar Parrow (503) 484-6475
Website: www.cedarmilers.org
E-Mail Contact: dar.parrow@gmail.com

Dates: 12/14/2013
City / State: Portland, OR
Event Name: Christmas Ships Walk
Event ID: 95685
Distance - Trail Ratings: 10K/5K - 1A
Description: A beautiful evening walk along the Willamette River viewing the Christmas ships Parade on the River. Both the Columbia and the Willamette fleet will be in this area tonight. The best viewing times are after 5:30 pm and before 8:30 pm. If you wish, you can take the Portland Streetcar to Pioneer Square to view the lights and then catch it back to finish your walk.
Amenities: **Strollers:** medium | **Wheelchairs:** medium | **Pets:** Yes | **Restrooms:** Yes
Special Programs: This event doesn't have any special Programs assigned.
Start Times: 4:00 pm to 7:00 pm finish by 10:00 pm
Location: Christmas Ships Walk
Start Point / Driving Directions: To the start point at Buffalo Gap Pub and Eatery, 6835 SW Macadam Av, Portland OR.
From I-5 North in Portland take exit 298 for Corbett Ave. Turn right at SW Corbett Av. Turn left at SW Richardson Court. Turn right at SW Macadam Av/OR-43. The Buffalo Gap is at the corner of Macadam and California St in the Johns Landing area. Parking is available in parking structure across from the pub and on the street.
Awards & Fees: IVV Credit Only
Comments: This has been a favorite of walkers for many years.
Host Club: Columbia River Volkssport Club
Contact: Judy (503) 230-1387
Website: www.walking4fun.org
E-Mail Contact: crvcinfo@yahoo.com

Dates: 12/31/2013
City / State: Portland, OR
Event Name: New Year's Eve Walk
Event ID: 95798
Distance - Trail Ratings: 5 and 10 km - 1A
Description: This walk will have 2 five km loops. One loop will go into the NW District, Pearl District and downtown. The second 5 km loop will be in the NW District, Old Town, China Town, Pearl District and downtown.

Amenities: **Strollers: | Wheelchairs: | Pets: | Restrooms:**
Special Programs: This event doesn't have any special Programs assigned.
Start Times: 10:00am to 1 pm for the 10 km and 10 am to 2 pm for the 5 km
Start Point / Driving Directions: 1405 NW Johnson I-5 exit # 302B onto I-405 and cross the Fremont Bridge. Exit 2B to Everett Street, Left on Everett St. Left on 14th Ave. Left on Johnson. Use street parking may be free on Holiday but streets around 17th Ave have free parking on all days.

Awards & Fees: IVV Credit Only
Host Club: Columbia River Volkssport Club
Contact: Dick Baker (360) 991-8806
Website: www.walking4fun.org
E-Mail Contact: dickbkr@q.com



Embellished Minds



"I still find each day too short for all the thoughts I want to think, all the walks I want to take, all the books I want to read, and all the friends I want to see." ~John Burroughs~

DUES TIME AGAIN

Club dues are renewable for 2014. Membership is \$6.00 per person or family. You may choose to renew or join at the November club meeting or you can mail in to the address listed at right. Keep your membership in the club and enjoy reduced rates to club sponsored events, The Roamer newsletter and other member only benefits. Invite a friend to join and walk for fun-fitness & fellowship.

We'll SEE YOU ON THE TRAIL!



2013 Officers Directory

Daryl Pulley, President
503-251-4847
daryl.pulley@gmail.com

Noreen Kirk, Vice President
503-285-2915

Susan Treacy, Interim Treasurer
jsusan45@mac.com

Debbie Esmond, Secretary
503-777-2717
Esmond1@hotmail.com

Judy DeBenedetti, M@L
Memberships 503-929-2310
Judydebenedetti@msn.com

Denise Esmond M@L
Newsletter Editor 503-544-9625
Deedlenee@comcast.net

M@L=Member at Large)

For membership dues mail to:
Rose City Roamers
13319 NE Sacramento St
Portland OR 97230

American Volkssport Association
Mail: 1001 Pat Booker Rd, Ste 101
Universal City TX 78148
Website: www.ava.org

Oregon Trails State Volkssport
Association (OTSVA)