



# THE *ROAMER* NEWSLETTER June 2013

## Milwaukie Walk Update

Thanks to those of you who volunteered to help with the Milwaukie walk from Elks Lodge. The Ottosons, Cheri Stone, Jeanette and Jim Wolf, Barbara and Dick Bakers, Debbie and Denise Esmond, Sandy Hiles and Dave Huff, Lena Davis, Ed Hainline and Annette, Starr McKee. I will be filling in all the blanks and let you all know specific times needed. Hopefully we will have a great walk and good weather.

## AVA Patch for National Physical Fitness & Sports Month in May



## Did you walk an event in May?

If anyone needs a May 2013 NPFMSM patch you can still purchase one. The club price is \$2.50 and the cost for individuals is \$5.00. There is no shipping charge or discounts. These one-of-a-kind patches make a nice gift for someone who took part in a May event but did not get one. At the same time, the sale of these patches helps support the AVA. Embroidered 4" x 2.5" patch. If you purchase a *New Walker Program* (for new participants only) there is a free coupon for this patch inside. Patch design courtesy of Dorm Batson, Northwest Region. Email [Theresa@ava.org](mailto:Theresa@ava.org) to order.

## CALENDAR

- July 27/28 Milwaukie Daze Walk  
Start Elks Lodge on McLoughlin Blvd
- August 25 Southeast Sunday Parkways  
Start at Providence Hospital
- September 3 (Potluck Picnic) Club Meeting  
Starts at 6:00 In Cafeteria's Patio  
at Adventist Health
- Sept 14 Guided Walk at Timberline Lodge
- November 5 Election Meeting

## WALK NEWS

### CELEBRATE MILWAUKIE WALK

Our next walk is on July 27 & 28 with two loops starting from Milwaukie Elks on McLoughlin Blvd; one loop to downtown, passing the Spring Park Nature Area and Elk Rock Island, then along the waterfront park on the Willamette River. Elk Rock Island is part of an ancient volcano with exposed lava flows and contains seven distinct habitats, and is home to a number of birds, including bald eagles and osprey.

The other loop will go by a Victorian House, the Broetje House Bed and Breakfast on Oatfield Rd. Milwaukie has numerous OTSVA and National Challenges so come and fill in your challenge books. On Sunday, the Milwaukie Sunday Farmers Market is open with excellent vendors and music. This is one of the better local farmers markets in the area.

## YRE WALKS

### PORTLAND – Northwest

COUNCIL CREST -- 93694 2013/Y0297

CROSTOWN -- 93695 2013/Y0256

DOWNTOWN -- 93693 2013/Y0410

**Start: LEGACY GOOD SAMARITAN HOSPITAL  
1015 NW 22nd Avenue (NW 22nd & Lovejoy)**

**Point of Contact:** Sue C., 503-289-5888

### PORTLAND -- Northeast

ALAMEDA/FREMONT -- 93691 2013/Y1708

MT. TABOR -- 93700 2013/Y0033

NE/SE - BELMONT, MURALS, AND MORE --

93701 2013/Y0409

**Start: PROVIDENCE PORTLAND MEDICAL CTR.  
4805 NE Glisan St. at 49th Ave.**

**Point of Contact:** John H., 503-654-3494

### PORTLAND – North

HISTORIC ST. JOHNS -- 93699 2013/Y0073

PENINSULA CROSSING -- 93692 2013/Y1298

**Start: WEST COAST HEALTH & FITNESS**

**7522 N. Lombard St.**

**Point of Contact: Sue C., 503-289-5888**

### PORTLAND -- Southwest

TRYON CREEK STATE PARK -- 93697 2013/Y0921

**Start: TRYON CREEK STATE PARK**

**11321 SW Terwilliger Blvd.**

**Point of Contact:** John H., 503-654-3494

LAKE OSWEGO - NEIGHBORHOODS --  
93196 2013/Y2013

LAKE OSWEGO - CIRCLE THE LAKE --  
95085 2013/Y1653

**Start: McDONALD'S RESTAURANT**

**16044 SW Lower Boones Ferry Rd.**

**Lake Oswego**

**Point of Contact:** Ed H., 360-921-1909

### PORTLAND -- Southeast

REED COLLEGE, CRYSTAL SPRINGS GARDENS

93698 2013/Y1192

**Start: PACE SETTER ATHLETIC**

**4203 SE Woodstock Blvd.**

**Point of Contact:** John H., 503-654-3494

PORTLAND - Southeast

CLACKAMAS/SUNNYSIDE 93696 2013/Y1455

**Start: DAYS INN MOTEL 9717 SE Sunnyside Rd.**

**Clackamas**

**Point of Contact:** Judy D., 503-698-4398

## WEDNESDAY GROUP WALKS

**7/3/13**

9:30 AM New Seasons Market, 1453 NE 61st Ave, Hillsboro, OR

[YRE 1182](#) rated 1A CM: in parking lot Helvetia Tavern, 10275 NW Helvetia Road, Hillsboro, OR

**7/10/13**

9:30 AM Red Lion Hotel - Jantzen Beach, 909 N Hayden Island Dr, Portland, OR

[YRE 754](#) rated 1A CRVC: start box on east side main floor

Island Cafe, 250 NE Tomahawk Island Dr, PDX (short drive)

**7/17/13**

9:30 AM Lakeside Chalet Restaurant, 3533 NE Everett St. Camas, WA

[YRE 364](#) rated 1B AWW: inside at counter Lakeside Chalet (at finish)

**7/24/13**

9:30 AM Fairview/Wood Village Fred Meyer, 22855 NE Park Lane, Wood Village

[YRE 1489](#) rated 1B ECWW: right at double door entrance

Bumpers Grill and Bar, 21935 NE Halsey St., Fairview (1 km from finish)

**7/31/13**

9:30 AM Providence Portland Medical Center, 4805 NE Glisan @ 49th Ave, Portland

[YRE 1708](#) rated 1A RCR: start box on east side main floor

Pal's Shanty Tavern, 4630 NE Sandy, Portland (about 1.5 km from finish)



## WEEKEND EVENTS

### 7/4/2013 – 95513 A Stroll through History Vancouver USA Volkssporters

Contact: Burt Paynter [walkeriii@comcast.net](mailto:walkeriii@comcast.net) (360) 891-9411 [www.vancouverusavolkssporters](http://www.vancouverusavolkssporters)

5 & 10 km - 1A

Start Times: 8:00 am to 12:00 pm

Location: Esther Short Park

Downtown Vancouver on

Columbia St. between West 6th & 8th Sts.

Description: The route will pass through Vancouver's Independence Day Celebration. It will also pass by many historic sites including Ft. Vancouver National Historic Site, Officers' Row, Vancouver Barracks, Pearson Airfield, and many historic sites in the downtown area. Comments: The 25th anniversary of the club's inaugural event will be celebrated.

### 7/6/2013 – 95297 North Bonneville's Gorge Days All Weather Walkers

Contact: Dick Baker [dickbkr@q.com](mailto:dickbkr@q.com) (360) 991-8806 [www.allweatherwalkers.org](http://www.allweatherwalkers.org)

5 and 10 km - 1B

Start Times: 9 am to 1 pm

Location: Baseball Field on

Portage Dr. Vancouver WA

Description: The walk will be held in conjunction with North Bonneville's "Gorge Days" which highlights about 300 classic cars,

food, crafts, entertainment, and garage sales. The walk has two 5 km routes. One route will take you along the Columbia River and into Ft Cascade Park. The second 5 km route will take you on the Heritage Trail, Big Foot Trail and into the festival area where you will walk about 2 km looking at the activities. Both routes have beautiful views and lots of history. Comments: Johnny Limbo and the Lugnuts will have a free concert starting at 4 pm at the festival grounds - 1 km from the finish

### 7/13/2013 - 95301 Cedar Milers 25th Birthday Bash Host Club: Cedar Milers

Contact: Dar Parrow [dar.parrow@gmail.com](mailto:dar.parrow@gmail.com) (503) 484-6475 [www.cedarmilers.org](http://www.cedarmilers.org)

5K/10K - 2B

Start Times: 9am-1pm

Location: Leedy Grange Hall 835

NW Saltzman, Portland, OR

97229

Special Programs: Fraternal Organization, Murals, Rainbow

Color-Named Places WOC:

Arches, Banks, Barber Shops,

Forests, Klubs, Landmarks,

Libraries, Murals, Waterways,

COW

Description: A variation of an old, old, old walk called the Huff and Puff with more parks and new trails, (aka cooler and shadier), some history of the Cedar Mill area, beautiful neighborhoods and homes, and fantastic views of the valley. Well worth every uphill step! This area is where we started our existence (Cedar Milers from Cedar Mill!)

### 7/20/2013 – 93804 Gresham Art Walk Host Club: East County Windwalkers

Contact: Regina Blake [reggie\\_blake@yahoo.com](mailto:reggie_blake@yahoo.com) (503) 665-0950

5k & 10K - 1A

Start Times: 9am-1pm

Location: Gresham City Hall 1333

NW Eastman Parkway, Gresham,

OR 97030 Special Programs:

Bakeries Family Owned,

Celebrating Golden Cinemas,

Main Street, Murals, WPA Works

Projects Administration WOC;

Antique Shops, Arenas( 10K

only ), Auditoriums, Banks, Barber

Shops, Candy Shops, City Halls, Festivals, Firehouses clubs

( ECWW ), Libraries, Monuments, Mountains, Murals, Museums,

Watering Holes, Turnaround Trekkers, COW( Oregon ); AVA; A-Z

Cities in U.S.A., America's Bakeries, Celebrating Golden Cinemas,

Struttin Down Main St., Walking Americas Murals, WPA.

Washington, California, Idaho & Alaska challenges are accepted.

Description: Both walks will take you through the Gresham Art Walk

and the Farmers Market. The 10K will also take you to Gradin Sports

Park which has an Arboretum. There is not a restroom at the start, but

there are some along the route.

**7/27/2013 -7/28/2013 94325**

**Celebrate Milwaukie Walk**

**Rose City Roamers**

Contact: Judy deBenedetti [judydebenedetti@msn.com](mailto:judydebenedetti@msn.com) (503) 929-2310 [rosecityroamers.org](http://rosecityroamers.org)

10K, 5K - 1B

Start Times: 9:00 am to 1:00 am  
finish by 4:00 pm

Location: Milwaukie Elks  
Lodge 13121 SE McLoughlin  
Blvd Milwaukie OR

Special Programs: Celebrating  
Golden Cinemas, Fraternal  
Organization, Main Street,  
Rainbow Color-Named Places,

WPA Works Projects Administration

Comments: Oregon challenges include Bowling Alley, City Halls,  
Candy Shops, Chinese Food, Banks, Bicycle shops, Water treatment,  
Waterways

Description: Two loops, one to downtown Milwaukie along the  
waterfront with stops at Spring Park, Elk Rock Island, and on Sunday  
one of the best Farmers Markets around. Our second route will go  
past the WWII Bomber Airplane which has been on McLoughlin for  
many years (and undergoing restoration), past a Victorian House Bed  
and Breakfast and include part of the Trolley Trial.

**8/3/2013 - 95641**

**Clear Lake Falls Walk Sisters, OR Eugene Springfield Mossback Volkssport**

Contact: Carol Fairbanks [Heartcreation@comcast.net](mailto:Heartcreation@comcast.net) (541) 654-1765 [www.mossbacks.org](http://www.mossbacks.org)

6, 11 or 14 k - 3C

Start Times: 8 am to 1 pm

Location: Clear Lake Resort  
60700 Hwy 126 Sisters, OR  
97759

Special Programs: Lakes and  
Reservoirs, Trekking With the  
Trees, Walking America's Trails

Description: The distances walked to and from Sno-Park to start point,  
are included in walk distances. It is recommended you carry water.

Also trekking poles or a walking stick are suggested.

Comments: There are 3 different walks available. A 14k around Clear  
Lake passing by 2 waterfalls. An 11k walk on west side of lake  
including waterfalls. And a 6k walk on west side of lake to 1  
waterfall. Walk follows along the McKenzie River Trail and other  
nearby trails taking you past a roaring river, impressive waterfalls  
and lush old growth forests.



## **PHOTOS &/or STORIES OF WALKS BY MEMBERS**

**April 27-May 5 AVA Convention, Florida Stories by Burt & Dick**



We had a great time on our Florida trip, but it's just as great to be back. As you may remember, Romana & I joined Dick & Barbara Baker for a one-week swing through Central and Southern Florida prior to participating in the AVA Convention at Orlando. In the south we did a walk event in West Palm Beach, spent a day in the Everglades National Park, visited Key Largo to ride a glass bottom boat for viewing coral reefs, watched a beautiful sunset on Marathon Key, spent a day on Key West which included the walk event there, and did the walk at Fort Myers along with a tour of the Thomas Edison & Henry Ford winter estates. Central Florida activities included the AVA Convention walk events (we did 8 of the 9 offered), a day at Epcot Center, and an afternoon at Kennedy Space Center, a day in St. Augustine which included doing the walk there, and half a day at Silver Springs. The weather was great most of the time, but it did rain all day for one walk event during the 2<sup>nd</sup> week of our travels. Overall, our experiences were wonderful, including the rainy periods. The meetings for the 18<sup>th</sup> AVA Convention at Orlando, FL occurred from May 1<sup>st</sup> through 3<sup>rd</sup>, 2013. Of course before, during and after those dates there were nine convention walk events, but this article is to inform you of what happened during the convention meetings. I'll report on the last official convention first, and that is the result of the election of our national officers.

For President, Dennis Michele (current SE Regional Director) was elected in a close vote of 118 to 112 over our own Sam Korff (current NW Regional Director). Running unopposed, Holly Pelking was elected Vice President and Bonnie Johnson was re-elected Secretary. Going into the convention Bob Morrison was running unopposed for his re-election as Treasurer. Annette Tollett, who held the office of Treasurer in the past, was nominated from the floor to oppose Morrison for the position. Bob presented a lively and energetic campaign speech. He was re-elected by a wide margin.

The closeness of the vote for President was reflected in the vote on several issues before the convention delegates. The motion require a two-thirds approval by the delegates to amend the by-laws (currently requires only a majority) failed by a vote of 101 in favor to 111 against. My comment on this motion is that I was against it – not because a two-thirds approval is wrong or unusual for amending an organization’s governing document, but because the timing of this motion seemed to be a suspicious tactic to prevent other motions before the delegates from passing. For one thing, the vote for this amendment was moved ahead of the vote on the controversial IVV-Americas proposal and would have been in effect for all by-law amendments that followed it, even though it only needed a majority approval to pass.

The best theatrics were offered during the debate on the issue of whether AVA should become a member of the IVV continental organization IVV-Americas. As I understand the situation, IVV previously decided to establish continental organizations to guide national organizations within the continental area according to the shared cultures and values among them. IVV-Europe and IVV-Asia are already approved and running under this concept. The national organizations for Canada and for Brazil have previously agreed to become member of IVV-Americas which will be headquartered in Canada. AVA has been cautiously coordinating with the IVV-Americas founding group, but has found a few issues it believes should be resolved before committing to join. The most prevalent issue is whether IVV-Americas will be determined to be “non-profit” so that AVA can continue to be sheltered under the US Tax Code as a 501(c)(3) non-profit and tax-exempt organization. The Canadian organization has recently written to the AVA stating that the initiative to establish IVV-Americas as a non-profit is well underway and will be completed soon.

Keeping this background in mind, the AVA delegates were preparing to vote on whether to join IVV-Americas when AVA announced, prior to the convention, that a motion would be made to effectively delay voting on joining the organization until all the issues were resolved to its satisfaction. That motion was made on the floor of the convention causing a very interesting reaction. Immediately three National Executive Committee (NEC) members spoke against the motion, and a fourth NEC member proposed an amendment to the motion stating that AVA would become a member of non-profit IVV-Americas concurrently with the organizations of Canada and Brazil. Several delegates spoke for or against the amended motion, and two questioned the value of joining IVV-Americas. AVA President Johnson called a brief recess during which the NEC members and their advisers agreed on a simplified motion to present: That the AVA shall continue working to join IVV-Americas. The vote on this motion took place the following day and passed – 117 for to 113 against.

Here is a summary of the vote on some other motions brought before the convention delegates:

1. To add Information Technology as an AVA standing committee – passed
2. To make by-laws change to establish Super Long Distance Events, both traditional and YRE/Seasonal, and to set lower traditional sanction fees and no quarterly reporting fees for YRE/Seasonal – withdrawn
3. To add new by-laws paragraph under YRE/Seasonal Events to establish Extended Distance Walk Events – passed
4. To add new by-laws paragraph under YRE/Seasonal Events to establish Extended Distance Walk Events – passed
5. To eliminate the “year slug” for all event stamps – withdrawn because of a concern that IVV may require them, but this issue could reappear as it could reduce an operating cost by \$6000 annually.

A few other activities of interest occurred during the convention. Bob Morrison presented the Treasurer's report that focused on statistical trends. The number of clubs sanctioned by AVA continues to decline. The number of traditional events offered annually has been declining, but the total number of events is holding near the same due to the growth of YRE/Seasonal events that are offered. However, participation for the YRE/Seasonal events is declining also. The result is a decline in overall revenue. Annual operating costs for AVA began to exceed revenues in 2011. Bob said that the incoming NEC will need to make some tough decisions and generate new ideas to reverse these negative trends.

Patrick Rose, Executive Director of Save the Manatee Club made an enlightening and inspiring presentation highlighted with a great slide show. He talked about the threats to the manatees and their environment, and measures that are being taken to improve their situation. After the presentation, convention committee chair Dennis Michele presented the club with a \$1000 check based on donations raised by the AVA.

Finally, NW Regional Director Sam Korff made a presentation offering to host the 2015 AVA Convention in Salem, OR. The time would be June 13 – 21 with the headquarters at The Grand Hotel. Delegates unanimously approved this. Immediately afterwards, Charlie Gentile made a preliminary pitch to hold the 2017 AVA Convention in Billings, Montana on the week following the Crazy Horse walk in South Dakota. ~ Burt

The walks that were proposed for the convention in 2015 at the Salem Convention Center are:

Saturday June 13 Bend Downtown and/or  
Green Lake  
Sunday June 14 Sisters/Metolius River  
Monday June 15 Silver Falls and  
Silverton/Oregon Gardens  
Tuesday June 16 Lincoln City – Beach Walk

Wednesday June 17 Eugene - Rhododendron  
Garden  
Thursday June 18 Portland – Downtown  
Highlights  
Friday June 19 Salem - Capitol  
Saturday June 20 Mt St Helens, WA  
Sunday June 21 Vancouver, WA



### ***Florida Trip by Dick Baker***

On 25<sup>th</sup> we started driving to Ft Myers. Along the way we stopped at the Shark Valley Visitor Center in the Everglades. This visitor center is very small but construction has just started on a new visitor center. Like the other areas in the Everglades you saw alligators, all sorts of birds and fish. A small hawk was in a tree next to the visitor center and it had dropped a snake on the ground. With the people there it wouldn't go down and get the snake but it also didn't fly away. Lunch we ate at the Oyster House where I ordered a alligator burger. We arrived at Ft Myers in mid afternoon and Burt and I did the volkswalk while Barbara and Romana relaxed.

In the evening Barbara and I celebrated our anniversary with Burt and Romana at the "Two Meatballs in the Kitchen" a great Italian restaurant where portions were way too big.

The next morning we toured the Edison and Ford Winter Homes and the Edison Laboratory. The volkswalk goes by the two homes which are located together and have joint gardens between the two houses. This is definitely worth stopping to visit. In the museum they have a lot of information especially on Edison and his many inventions. The museum had many of his inventions on display. The laboratory, which is next door, I had assumed would show a lot of his electrical inventions but instead it was about his plant research he was doing to get a source for rubber using fast growing plants for his friends Ford and Firestone. In the afternoon we drove to Clearwater where we met up with Daryl Pulley and his friend Pat.

The next morning we did the first convention walk in Clearwater starting from a beach park. It was along sidewalks and boardwalks along the beach. The town was having a small festival and people were building elaborate sand sculptures. Because we could not find parking in the town of Clearwater, we headed towards Orlando. Traffic coming to Clearwater from Tampa stretched for miles and we were really glad we were going the other way.

The next day the convention walk was in Hillsborough River State Park near Tampa. Burt and Romana elected to go to Epcot Center. Barbara and I have been to the Epcot Center three times previously so elected to go to Universal Studios.

Barbara and I normally don't go on many rides but at Universal Studios we decided that we would go to the Harry Potter area and go on the new ride first thing. We both loved it. This started us going to many of the rides and adventures. Many of the rides are in 3 D so everything looks like it is going to hit you. At the 3D Spiderman ride we had just been attacked by a villain who electrocuted the car we were riding in when the power went off. At first we thought it was a part of the ride but after a few minutes of just setting there, we heard someone tell us to just remain in the car and they would get us out. Turns out the power did go off so we went through the last 2/3<sup>rd</sup> with no 3D visual effects just the mechanical movement of the cars. After finishing they offered everyone the chance to take the next car and do the ride again. Most declined but Barbara and I decided we would try it again. What a difference.

Universal Studios has two separate parks so by mid afternoon we went to the second park. Again, many rides. At the Shrek ride Barbara asked a attendant where the start of the line was. He told us but asked that we follow him so we did. He took us around the side of the building to a small room with a bench that could hold 3 people. Barbara and I were the only ones in the room. After a few minutes we started wondering what were we doing there and would we be embarrassed by someone taking us on stage to do something we normally wouldn't do. However since the room was air conditioned and it was hot outside, we stayed. Turns out we just ended up in the front of the lines and got to pick out the seats for a 4 D adventure. With 4 D your get the 3D glasses but things happen to you. Donkey would sneeze and water would get sprayed on you. Your seat would move when certain things happened on the screen like a carriage ride on a dirt potholed road. Things would brush your legs as brush on the screen occurred. Not really very scary but this was more for smaller kids. We did many other rides in this area including one where you were supposedly in a tornado. Wind and water would hit you while things flew all over the stage and power lines sparked.

The last ride of the day was about a disaster in San Francisco. When they asked for volunteers, a lady standing next to me kept pointing to me and I got selected against my better judgment. I did finally agree so they ended up filming me as a part of the earthquake disaster movie. Barbara enjoyed watching me and the other volunteers. After the individual shots of the volunteers, they had everyone get into a mock subway and we started out. Of course the earthquake hit and everything turned into a disaster. Finally they brought us back and showed us the movie trailer that had been made. It turned out fairly good and Barbara would have bought it if it had been for sale. We had a great day but were really tired. (Enough for this issue – stay tuned for July)

## OTHER INFORMATION & NEWS

If you are interested in a 2014 edition of the Starting Point Book, this has YRE's and Seasonal Events for 2014 of the US.

Send and email to Martha Korff at Sam's email address of [korffs@wildblue.net](mailto:korffs@wildblue.net)

Martha is taking orders now for them and will get the needed information from Sam to add to the "growing list" of people who want to have one for next year.

Cutoff for ordering is August 1st, 2013 to HQ AVA, I'm sure Martha will want to have her order completed a few days prior to the cutoff date.

So if you want a 2014 Starting Point Book, send an email to Martha now (remember use the email address above), to ensure she will have you on her list when she makes her order.

If you have any questions contact me at my email address.- [edhainline@comcast.net](mailto:edhainline@comcast.net).



Ever wonder  
where you'd end  
up if you took  
your dog for a  
walk and never  
once pulled back  
on the leash?  
~Robert Brault,

### 2012 CLUB OFFICERS

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